

Leadership Development Series

Voluntary engagement and contribution are clearly the soul and substance of national charities and civic society. No matter how volunteers contribute, they require and use leadership skills. While leadership abilities have many applications in work and life, the focus of our program is voluntary leadership in the developmental disabilities community.

The Leadership Development Series will have limited enrollment. We are seeking a group of men and women who are highly motivated to participate in our leadership training series. We encourage you to apply if you are:

- An adult with developmental disabilities
- A parent or adult family member of a child or adult with developmental disabilities.
- A professional with a passion to improve the quality of life for people with disabilities in our communities.

The Leadership Development Series will be an excellent personal and professional development experience for selected volunteers from Island & Skagit Counties.

- ◇ The results will be projects that will build volunteer capacity in committees that assist people with developmental disabilities and their families.

- ◇ It will create a mutual support network that will provide program alumni with a learning community.
- ◇ This program will support the pursuit of challenges and increase participant's motivation and commitment to personal and professional excellence.



We will select up to 18 participants based on, but not limited to, the following criteria. Selected Leaders will:

- Commit to attending all workshops, including the trip to Olympia;
- Complete homework assignments between workshops.
- Select & complete an individual and/or group project that will continue to build leadership capacity and that will directly benefit people with developmental disabilities in our counties and area.
- Share the belief that people should live, learn, work, and play in their local community.
- Be passionate about empowering people with disabilities to have more choice and live quality lives within their homes and communities.

Dates & Topics Covered:

September 30 & October 1
History of Developmental Disabilities and The Civil Rights Movement

October 21 & 22
Government Resources

November 18 & 19
Self-Determination & Advocacy

December 1 - December 3 (2 nights)
"ALL EXPENSES PAID" FREE TRIP*!!
Legislative Weekend in Olympia

January 27 & 28 - 2012
Guardianship & Special Education

February 24 & 25
Understanding other Cultures & Communication

March 23 & 24
Community Resources

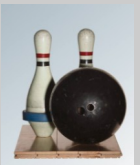
TIMES:

Fridays 5:30 - 8:30 pm (dinner provided*)

Saturdays 9 am - 3 pm
(light breakfast & lunch provided*)

PLACE:

**San Juan Bowling Lanes
Meeting Room**
2821 Commercial Avenue
Anacortes, WA 98221



Together. Louder. Stronger.

Participants will learn:

- History of the Disability Movement
- In-depth knowledge of systems that support people with developmental disabilities and their families
- Strategies to promote inclusion and the value of participation of people with developmental disabilities in the community
- Effective legislative advocacy
- Communication & facilitation skills
- How to understand other cultures more effectively



To APPLY or REGISTER:

Call: 3045-The-Arc
304-584-3272

Joy Caldwell— Program Coordinator
arcofislandskagit@gmail.com

Dawn Chapman—Assistant
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Bonuses & Extras for Selected Leaders*:

- NO registration fee!
- FREE meals during workshop sessions.
- FREE TRIP including transportation and accommodations for the Legislative Advocacy Weekend in Olympia.
- Opportunities to develop and foster relationships with other advocates in Island & Skagit Counties
- Valuable connections to people who will be a resource for years to come
- The program leaders and participants are people you'll want to know.
- \$100 stipend to help with community project.
- Certificate of Completion
- Letter of recommendation acknowledging your achievement will be sent to your employer.
- Stipends to offset respite/childcare expenses, if needed.

*PLEASE NOTE: Workshops are FREE & open to the public; however the above “Bonuses & extras” are for the Selected Leaders only. Casual attendees may be asked to purchase their own meal(s) &/or materials. Please pre-register at least one week prior to each session.



Leadership Development Series 2011-2012



This project is funded by:

- Skagit County Community Services
 - Washington State Developmental Disabilities Council
 - The Arc of Island & Skagit & The Parent Coalition