

Welcome to
Skagit Special Olympics
P.O. Box 1162
Mount Vernon, WA 98273

Thank you for your interest in Skagit Special Olympics. Our local program runs September through May (following the school year). Our Fall Season includes the sports of Volleyball and Bowling. In the Winter Season, we offer Basketball (Basics) & Basketball (Advanced). During Spring Season, we offer Soccer, Cycling and Aquatics. We encourage our athletes to participate in any of the sports we offer because this is beneficial for their cross training and overall fitness. Our primary goal is to provide a program of high quality physical fitness training and sports competition with a focus on FUN !

You will need the following form completed and signed by your Doctor and you or your parent/guardian before participating in our program:

- Application for Participation/Medical Certification (AFP)

Please complete the top portion of the front page of the application for participation and sign the back (or parent/guardian signature if athlete is under 18). Have Doctor complete the bottom of the front page including his/her signature and date.

Your AFP form is valid for 3 years from the Doctor's date. If you change medications or any other information changes within this 3 year period, please advise us so our information is always up to date.

Once this form is completed, please mail the original to us at the address listed below. Always keep a copy for your records and bring a copy with you when you begin a new sport.

If you have any questions, please contact us. We look forward to meeting you.

Thank you,

Tim Holloran/Pauli Mickelson
Co-Coordinator
Skagit Special Olympics
P.O.Box 1162
Mount Vernon, WA 98273
skagitspecialo@yahoo.com
www.sowa.org (Local Programs)

*Athlete's Oath:
"Let me win,
But if I cannot win,
Let me be brave
In the attempt."*